

November 2022

Kewaunee County Dine In and Home Delivered Meals

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
31	1 Election Day	2	3	4
	Pineapple Glazed Ham Scalloped Potatoes Broccoli Rye Bread Banana	Chicken Pizza Bake Romaine Salad Grape Tomatoes Potato Bucks WW Bread Cherry Cake	<u>National Sandwich Day</u> Chili Chicken Salad on Wheat Broccoli Cauliflower Salad Applesauce Lemon Pie	Beef Tips Mashed Potatoes Winter Squash WW Dinner Roll Spice Cake
7 Veteran's Day	8	9	10 Veteran's Day	11
Lasagna Romaine Salad Corn French Bread Pumpkin Bar	BBQ Shredded Pork on WW Bun Cheesy Potatoes Baked Beans Apple	Philly Style Mac & Cheese w/Chicken Mediterranean Herb Veggies Peaches WW Bread Brownie	<u>National Cupcake Day</u> Baked Chicken Mashed Potatoes w/Gravy Carrots WW Dinner Roll Cupcake	Meatloaf Diced Sweet Potatoes Broccoli WW Bread Mixed Fruit
14	15	16	17	18
Sloppy Joe on WW Bun German Potato Salad Baked Beans Fresh Fruit	Baked Spaghetti Mixed Veggies Fruit Salad Garlic Bread Berry Torte	<u>National Whole Grain Bread Day</u> Tator Tot Casserole Carrots Pears 12 Grain Bread Poke Cake	Chef Salad Turkey & Bean Soup French Bread Banana Bar	Salmon Boiled Red Potatoes Pineapple Coleslaw Rye Bread Strawberry Pretzel Bar
21	22	23	24	25
Swedish Meatballs Egg Noodles California Blend Veggies Apricots Butterscotch Pudding	<u>Thanksgiving Meal</u> Roasted Turkey Mashed Potatoes & Gravy Green Beans WW Dinner Roll Pumpkin Pie	Taco Bake Casserole Refried Beans Corn WW Bread Golden Salad	Closed Thanksgiving	Closed
28	29	30	1	2
Chicken Ala King Peas Banana Biscuit Fruited Jello	Baked Chicken Whipped Potatoes & Gravy Corn WW Bread Apple Bar	<u>National Chocolate Mousse Day</u> Hamburger on WW Bun Baked Beans Coleslaw Chocolate Mousse		
5	6	<i>Notes</i>	Suggested meal cost donation for 2022 is \$6.00. Actual cost is \$10.00	
IMMUNE BOOSTING FOODS OF THE MONTH 	White Potatoes: Contain fiber, vitamin c and B6, all which benefit overall health and immunity.	Strawberries: Rich in vitamin c, fiber, potassium, and antioxidants. Berries are a powerhouse of nutrition!		

Senior Nutrition Program –Kewaunee County

Dining Locations, Days and Meal Times

To order or cancel a meal please contact the ADRC of the Lakeshore at 920-683-4180 or 1-877-416-7083 (toll free) **no later than I am the day before.** We are charged for all meals ordered so please cancel promptly. Suggested donation is \$6.00. Actual cost is \$10.00. No eligible person will be denied a meal because of inability to donate.

Dyckesville

1st and 3rd Mondays only
11:15am
St. Louis Church
E8726 County Line Rd

Luxemburg

2nd and 4th Wednesdays only
11:30am
St. John's Lutheran Church
700 Heritage St.

Algoma

Monday, Wednesday, Friday
11:15am
Algoma Community Center
620 Lake St.

Kewaunee

Monday through Friday 11:15am
Community Congregational Church
502 Center Ave.

- Do not need to be a Senior Center member to join us for this meal
- Suggested donation is \$4.75 - grant by Charitable Funds

Home Delivered Meals

If you are receiving home delivered meals and need to cancel a meal delivery please contact the ADRC of the Lakeshore at 920-683-4180 or 1-877-416-7083 (toll free) **no later than I am the day before.**

When a meal is undeliverable we will try to make contact with you or your emergency contact. If neither answer the police dept. will be contacted to check on you. We are charged for all meals ordered so please cancel promptly. Suggested donation is \$6.00. Actual cost is \$10.00.

If you want more information about the home delivered meal program please contact the ADRC of the Lakeshore at 920-683-4180 or 1-877-416-7083 (toll free).

Algoma Home Delivered Meals

- City of Algoma
- Monday through Friday

Kewaunee Home Delivered Meals

- City of Kewaunee
- Monday through Friday

Frozen Rural Route

- Covers the rest of Kewaunee County
- Frozen meals for the week are delivered on Mondays

Closed major holidays.

Menu may be subject to change.

