

# August 2022

## Kewaunee County Dine In and Home Delivered Meals

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
Hot Beef & Cheddar on WW Bun Baked Beans Coleslaw Apple Bar	Baked Chicken Mashed Potatoes & Gravy Carrots WW Bread Raspberry Bar	<u>Nat Watermelon Day</u> BBQ Shredded Pork on WW Bun Cheesy Potatoes Cucumber Salad Watermelon	Meatloaf Diced Sweet Potatoes Broccoli WW Bread Fresh Fruit	Pork w/Fried Rice Stir Fry Veggies Baby Corn Pears Fortune Cookie
8	9	10	11	12
Baked Spaghetti Mixed Vegetables Fruit Salad Black Bean Brownie	Tator Tot Casserole Wax Beans Mandarin Oranges WW Bread Poke Cake	Chef Salad Turkey & Bean Soup French Bread Banana Bar	<u>Nat Panini Day</u> Ham, Turkey, & Cheese Panini German Potato Salad Broccoli Cauliflower Salad Fresh fruit	Salmon Boiled Red Potatoes Carrots Rye Bread Fruited Lemon Fluff
15	16	17	18	19
Taco Bake Casserole Refried Beans Corn WW Bread Golden Salad	<u>National Bratwurst Day</u> Brat on WW Bun American Potato Salad 3 Bean Salad Fresh Seasonal Fruit Strawberry Pretzel Bar	Breakfast Burrito Diced Sweet Potatoes Tropical Fruit Muffin Yogurt	Split Pea Soup Turkey on WW Romaine Salad M&M Bar	Swedish Meatballs Egg Noodles California Blend Veggies Apricots Beet Brownie
22	23	24	25	26
Chicken Ala King Peas Fresh Seasonal Fruit Biscuit Chocolate Chip Cookie	Baked Chicken Whipped Potatoes & Gravy Corn WW Bread Fruited Jello	<u>Nat Peach Day</u> Philly Mac & Cheese Broccoli Peaches Rye Bread Pumpkin Bar	Meatloaf Potato Casserole Carrots WW Dinner Roll Chocolate Mousse	Vegetable Bean Soup Ham Salad on Rye Cucumber Salad Pears Bread Pudding
29	30	31	1	2
Chicken Vegetable Pasta Wax Beans Biscuit Butterscotch Pudding	Pineapple Glazed Ham Scalloped Potatoes Broccoli Rye Bread Spice Cake	Seasoned Chicken Breast Zucchini Warm Apple Sauce WW Dinner Roll Lemon Pie	<i>IMMUNE BOOSTING FOODS OF THE MONTH</i> <i>EGGS: Contain vitamins A and B12 as well as selenium which help keep us healthy.</i>	<i>CUCUMBERS: High in water which helps to keep your body hydrated. They also contain fiber and vitamin C.</i>
5	6	Notes		
Menu subject to change without notice	*Contains nuts. Please note, our kitchen is NOT a nut-free facility.			
		Suggested meal cost donation for 2022 is \$6.00. Actual cost is \$10.00		